



## OUR VERY OWN LUXURIOUS TREAT

# ANA SPA RITUALS

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### Ana Spa Relax

£69.00

Indulge as our experienced team look after you, in this truly relaxing experience. This ritual includes a medium Swedish massage to the hand, arm and shoulders. Followed by a tension relieving scalp massage and finished with a brightening cleanse, exfoliation and moisturise to the face and décolletage.

### Ana Spa Refresh and Revitalise

£69.00

Refresh and revitalise with an awakening head to toe treatment. Includes a full body Brush, full Body exfoliation to brighten and remove dead skin cells. Finished by a cleanse, tone and exfoliate of the face and neck to treat yourself with some well-deserved luxury. This treatment includes showering time.

### Ana Spa Pamper and Care

£69.00

A truly special treat for the hands and feet. A warm mitt cleanse, exfoliate and moisturise to the hands followed by a leg and foot massage, whilst relaxing in our spa treatment room on our heated beds. The treatment ends with a relaxing massage to the hands, arms and scalp to truly be pampered and relaxed.

### Ana Spa De-Stress and Unwind

£69.00

After a long day, why not take time to destress and unwind with our indulgent back and face treatment. Our therapist will start with a back cleanse and exfoliation, followed by a mini back, neck and shoulder massage to sooth the stress away.... Followed by a cleanse and tone and a mask to the face, whilst the mask is working its magic, our therapist will massage your shoulders and scalp and then add moisturises to finish.

45 minutes treatment with 5 mins consultation time